



## About Us

Week Without Driving is a growing movement led by a diverse coalition of local organizations, individuals, governmental agencies, and elected leaders across the U.S. and beyond. It is coordinated and supported by Nondrivers Alliance and an advisory committee of local and national organizations.

We use our collective voice to ensure every person across every community has access to live fully and freely.

## What's the goal?

Week Without Driving builds public awareness through powerful stories, inspires community-driven action, and engages elected officials and decision makers at all levels.

The goal is to break our reliance on driving and build a transportation system that works for everyone.

## What is it?

Transportation shapes every part of life. Week Without Driving shines a light on that reality and invites everyone to experience, reflect, and share what life is like for nondrivers.

It's a chance to understand daily life for the millions of people who cannot drive due to age, disability, income, and other barriers. **It's an opportunity to help reimagine what transportation could look like and share your Week Without Driving story.**

**#WeekWithoutDriving**

Learn more at  
[weekwithoutdriving.org](http://weekwithoutdriving.org)

# DID YOU KNOW?



Approximately a third of people in the United States cannot drive due to age, ability, income and other factors.\*

Every community includes people who cannot drive.

When our transportation system is built around driving, it leaves out people who cannot drive. Without viable options like buses, trains, safe sidewalks and bike lanes, it's harder for those who cannot drive to get to work, school, groceries, doctor's appointments, or even visit family and friends.

\* FHWA, 2020 – [www.fhwa.dot.gov](http://www.fhwa.dot.gov)

✓ A [majority of people with disabilities](#) face significant mobility challenges.

✓ People outlive their safe driving age by [7 to 10 years](#).

✓ One in four people [face transportation insecurity](#).

✓ Over 1 million people in [rural areas have no car](#).

✓ [10% of adults rarely or never drive](#).

✓ [45% of people have no access](#) to public transportation.

✓ People in [lower-income households](#) are [over three times](#) more likely to rarely or never drive compared to those in middle- or upper-income households.

✓ While 43% of 16-year-olds had driver's licenses in 1997, that number [had fallen to 25% by 2020](#).

✓ In 2023, U.S. households paid on [average \\$13,174 for transportation](#), making it the second largest household expense after housing.

✓ Pedestrian crashes are more than twice as likely to occur in places [without sidewalks](#).

**Facts can't capture everything. Share your story.**

**#WeekWithoutDriving**

# HOW DO I PARTICIPATE?

**Week Without Driving is an annual event that will take place Thursday, October 1-Thursday, October 8, 2026. It is open to anyone to participate.**

Visit [weekwithoutdriving.org/join](https://weekwithoutdriving.org/join) to sign up and get the resources to make the most out of your week.

Driving is not a failure. It reveals where transportation gaps exist, and your insights and experience matter. Use it as an opportunity to ask, if driving weren't an option for me: how would I manage, what choices would I need to make?

## 1 Plan Your Trips.

Think of your usual drives and swap them for alternatives. If you find this difficult, ask yourself: What barriers am I running into and how would someone without the ability to drive navigate this trip?

## 2 Rally Your Crew.

Invite your family, friends, and colleagues to participate with you. Ask an elected official to join you! If you get "no" or hesitancy, ask them what's holding them back. It's a great way to learn about challenges people already face.

## 3 Share Your Story.

During the week, post your reflections on social media with photos or videos, write an Op-Ed, or attend a local event! After the week, share your feedback on the Week Without Driving survey on the America Walks website.

