

HOW DO I PARTICIPATE?

Week Without Driving is an annual event that will take place Monday, September 29-Sunday, October 5, 2025. It is open to anyone to participate.

Visit weekwithoutdriving.org/join to sign up and get the resources to make the most out of your week.

Needing to drive isn't a failure. It reveals where transportation gaps exist and your insights and experience matter. Use it as an opportunity to ask, if driving weren't an option: how would someone manage, what choices would they need to make?

1

Plan Your Trips.

Think of your usual drives and swap them for alternatives. If you find this difficult, ask yourself: What barriers am I running into and how would someone without the ability to drive navigate this trip?

2

Rally Your Crew.

Invite your family, friends, and colleagues to participate with you. Ask an elected official to join you! If you get "no" or hesitancy, ask them what's holding them back. It's a great way to learn about challenges people already face.

3

Share Your Story.

During the week, post your reflections on social media with photos or videos, write an Op-Ed, or attend a local event! After the week, share your feedback on the Week Without Driving survey on the America Walks website.

