

WEEK WITHOUT DRIVING

September 29 - October 5, 2025

A collective reflection on mobility, access & equity

SCAN ME



About Us

We are a growing movement led by a diverse coalition of local organizations, advocates, governmental agencies, and elected leaders across the U.S. and beyond. It is coordinated and supported by America Walks and an advisory board of local organizations.

Together, we call for transportation options that strengthen and expand access for everyone in every community.

What is it?

Week Without Driving **invites everyone to experience, reflect, and share** what life is like without driving.

It's a chance to understand daily life for the millions of people who cannot drive due to age, disability, income, or other barriers. It's an opportunity to tell your story and help reimagine what transportation options could look like in your community.

What's the goal?

The Week builds public awareness through powerful stories, inspires community-driven action, and engages elected leaders at all levels.

The goal is to **reduce car dependency and provide transportation options** to all people in all communities.

Visit weekwithoutdriving.org to learn more, join and get access to all the resources.

weekwithoutdriving.org



#WeekWithoutDriving

DID YOU KNOW?



Approximately one-third of people in the United States cannot drive due to age, ability, income and other factors.*

Every community includes people who cannot drive.

When our transportation system is built around driving, it leaves out people who cannot drive. Without good options like buses, trains, or safe sidewalks, it's harder for those who cannot drive to get to work, school, doctor's appointments, or even visit family and friends.

- FHWA, 2020 – www.fhwa.dot.gov

U.S. Transportation Facts

- ✓ A majority of people with disabilities face significant mobility challenges.
- ✓ Seniors outlive their safe driving age by 7 to 10 years.
- ✓ While 43% of 16-year-olds had driver's licenses in 1997, that number had fallen to 25% by 2020.
- ✓ People in lower-income households are over three times more likely to rarely or never drive compared to those in middle- or upper-income households.
- ✓ One in four people face transportation insecurity.
- ✓ Over 1 million people in rural areas have no car.
- ✓ In 2023, U.S. households paid on average \$13,174 for transportation, making it the second largest household expense after housing.
- ✓ 45% of people have no access to public transportation.
- ✓ Pedestrian crashes are more than twice as likely to occur in places without sidewalks.
- ✓ 10% of adults rarely or never drive.

Facts can't capture everything. Share your story. Visit weekwithoutdriving.org to join.

HOW DO I PARTICIPATE?

Week Without Driving is an annual event that will take place **Monday, September 29-Sunday, October 5, 2025**. It is open to anyone to participate.

Visit weekwithoutdriving.org/join to sign up and get the resources to make the most out of your week.

Needing to drive isn't a failure. It reveals where transportation gaps exist and your insights and experience matter. Use it as an opportunity to ask, if driving weren't an option: how would someone manage, what choices would they need to make?

Plan Your Trips.

1

Think of your usual drives and swap them for alternatives. If you find this difficult, ask yourself: What barriers am I running into and how would someone without the ability to drive navigate this trip?

Rally Your Crew.

2

Invite your family, friends, and colleagues to participate with you. Ask an elected official to join you! If you get "no" or hesitancy, ask them what's holding them back. It's a great way to learn about challenges people already face.

Share Your Story.

3

During the week, post your reflections on social media with photos or videos, write an Op-Ed, or attend a local event! After the week, share your feedback on the Week Without Driving survey on the America Walks website.

