



WEEK WITHOUT DRIVING

September 29-October 5, 2025



DID YOU KNOW?
Nearly one-third of people in the U.S. cannot drive due to age, ability, financial constraints & other barriers. Yet, our transportation systems & communities are still designed around driving.

WHAT'S HAPPENING?

The Week Without Driving is an annual, nationwide initiative designed to give decision makers & individuals an opportunity to set aside their car keys for a week to see what life is like for those who cannot drive. By taking other forms of transportation, participants experience both the limitations & benefits of traveling without driving.

CAN I PARTICIPATE?

Anyone can participate, whether you're a community member, elected leader, public sector employee or professional. You can travel however you'd like, but avoid driving yourself. Remember, this is not a disability simulation & driving does not signify failure. The goal is to understand how nondrivers navigate their daily travel & what choices they might face.

#WeekWithoutDriving





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This year, I pledge to take part in Week Without Driving by:



Signing up & taking part in the Week Without Driving.



Encouraging an elected official to join by sending them an email or letter.



Inviting my family, friends & neighbors to participate.



Posting on social media about my experience to raise awareness & spark conversations.



Something else:



weekwithoutdriving.org

